

JUDY DAVIDS

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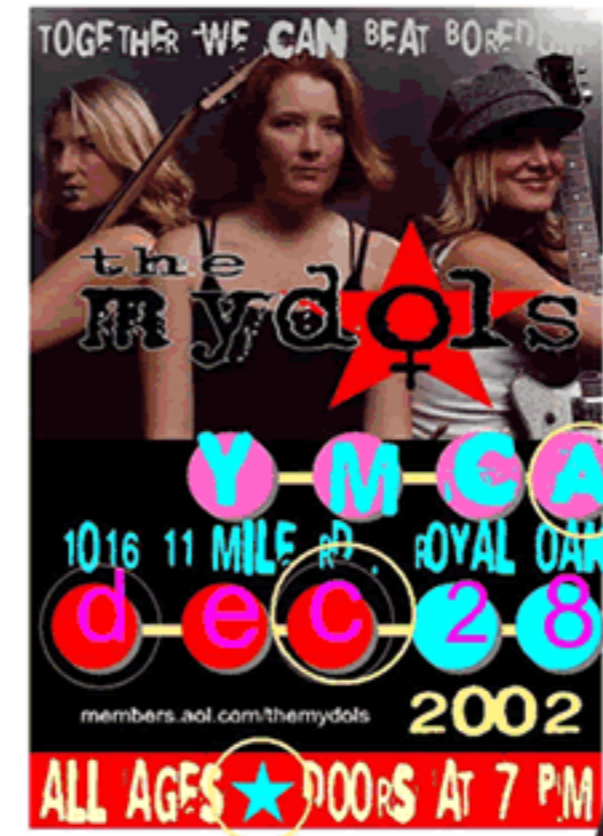
**ROCK STAR  
MOMMY**

**“THE RULES OF MOTHERHOOD ARE BEING RADICALLY REWRITTEN WITH A SNARL, CYMBAL CRASH AND POWER E-CHORD THAT WOULD MAKE THE LADS IN AC/DC STAND AND SALUTE.”**



With Jack White @  
Longfellow Elementary

# MOMMY LOUDEST



"Mothers are saying no to the notion that they have to devote all their creativity to their children."

Nancy Keates, WSJ

# MOMS WHO ROCK

Who said motherhood was all sippy cups, soccer games and car pools? Fed up with the suburban routine, these women pumped up the volume

Photograph by DENNIS KLEINMAN

## The Mydols

"I don't care if people think I'm hip," says bassist Paige Gilbert (in Royal Oak with, from left, singer Kara Rasmussen, drummer Pat McDonough-Wojcik, guitarist Judy Davis and their kids).



It's got one thing clear: the Mydols don't take any lip. When the four-woman rock band recently hit the stage at a club in Detroit, lead singer Kara Rasmussen instantly put the crowd of mostly twentysomethings on notice. "We're an all-mom band, so we don't have time to practice," she snarls. "If you don't like what you're hearing, go to your room!" Okay, so the truth is that the foursome who make up the Mydols are still learning how to play—and gigs take a backseat to kids' soccer games and music lessons. But with attitude-heavy screamers like "Take Out the Trash" and

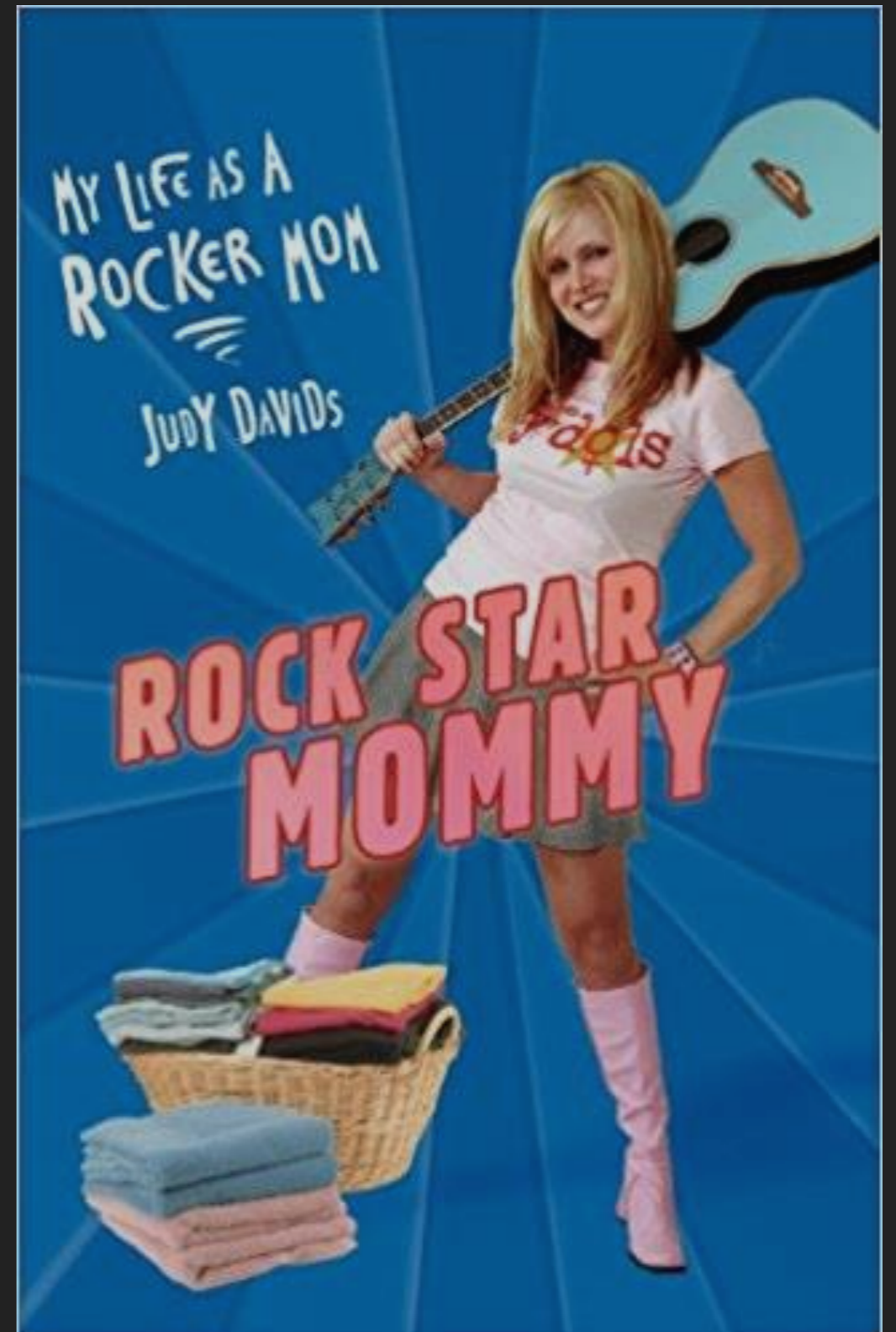
**MOM, LIKE HER COUNTERPART DAD, IS SUFFERING FROM A MID-LIFE CRISIS, BUT FOR THE FIRST TIME THE MIDLIFE MOM IS WELL-FUNDED.**

**How to Start a Rock Band for Mommies**

# ELEMENTS OF A BOOK PROPOSAL

- **Overview**
- **Format & Delivery**
- **About the Author**
- **Promotion Plan**
- **Endorsements**
- **Proposed Table of Contents**
- **Outline**

"LET'S GET ONE  
THING CLEAR:  
THE MYDOLS  
DON'T TAKE ANY  
LIP" -People





**THE REAL MESSAGE GOES WAY BEYOND ROCK 'N' ROLL, URGING WOMEN TO TAKE CHANCES, FOLLOW THEIR HEARTS AND TO REMEMBER THAT IT'S NEVER TOO LATE.**

**How to Start a Rock Band for Mommies**



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THE WALL STREET JOURNAL.

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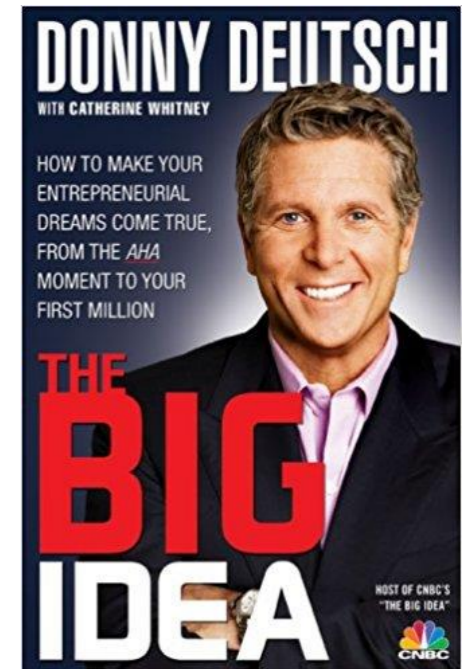


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**QUESTIONS?**